



Dear Student,

Welcome to TCM Review Seminars CALE course preparing for the August, 2017 CALE. Thanks for choosing us as your CALE prep course.

We are very excited to start our journey together. The CALE can be a challenging exam. You will need to bring your dedication and determination, focus and concentration, stamina and perseverance. We are here with you as your support team as you prepare for your final exam before licensure.

The first recorded class will be released on Monday April 3rd at 1pm. In this package, you have received:

1. TCM Review Seminar's coursebook
2. TCM Review Course Schedule
3. TCM Review Daily Study Schedule
4. Monday and Wednesday Case Studies

The first thing we'd like you to do is sign the student contract and work through the first assessment tests at the front of your TCM Review Seminars course book. While you wait for class to start, look over the course schedule and your 14-week study schedule. Familiarize yourself with the expectations of the course. If you are ready to start studying right away then get a jumpstart on reading the textbooks. You'll do better in the course and on the test if you have read both CAM and Maciocia *Foundations of Chinese Medicine* at the very minimum. Biomedicine is always a tricky topic and its importance on the CALE ebbs and flows. Since you won't know what questions on the CALE, you need to be prepared 100% for Biomedicine. If this is your weak spot then start working on it now. Reading through Bates, Merck and Basis and Clinical Pharmacology is strongly recommended.

During the course, questions will arise. I want you to know that we are all here for you from the day you registered for the course until you get your CALE results. Feel free to email as needed. We want those questions answered before the CALE.

Last of all, we are a team, your classmates, you teachers and YOU! This is a time to work together, pool your resources and each one teach one. You are stronger supporting and being supported by your peers whether emotionally, academically or both. Find your partners and schedule regular check-ins. Together, we will prepare you to pass the exam.

Looking forward to another successful course.

All the Best,

Bina Jangda, Lac, MSOM  
Director, TCM Review Seminars  
*"Prepare to Pass"*