

Appendix E: Terminology related to Pulse diagnosis
中醫脈診專用術語

Mai Xiang	脈象	<i>Pulses</i>				
		To be used in exam	Nigel Wiseman	Maciocia	Bob Flaw	For Case Studies
Fu	浮	Floating	Floating	Floating	Floating	Exterior Invasion or Yin Deficiency (with Deficient)
Chen	沉	Deep	Deep	Deep	Deep	Excess Pathogen in the interior or Yang Deficiency
Chi	遲	Slow	Slow	Slow	Slow	Excess Cold or Yang Deficiency
Shuo	數	Rapid	Rapid	Rapid	Rapid	Excess Heat or Yin Def (Thin, Rapid)
Xu	虛	Deficient	Vacuous	Empty	Vacuous	Qi, Blood, or Yin Deficiency (with Floating)
Shi	實	Excessive	Replete	Full	Replete	Excess Conditions
Hua	滑	Slippery	Slippery	Slippery	Slippery	Damp, Phlegm, Food Stagnation, Pregnancy or Excess Heat
Se	澀	Choppy	Rough	Choppy	Choppy	Blood Deficiency, Blood Stasis
Xuan	弦	Wiry	String-like	Wiry	Bowstring	Liver Disorders (Excess and Deficiency type)
Dong	動	Moving	Stirred	Moving	Stirring	N/A

Fu	伏	Hidden	Hidden	Hidden	Hidden	N/A
Huan	緩	Moderate	Moderate	Slowed-down	Relaxed	Damp Conditions and Exterior Invasions (generally cold type)
Cu	促	Skipping	Skipping	Hasty	Skipping	Irregularly Irregular and slightly fast due to Heart Fire or Heart Qi Deficiency
Jie	結	Knotted	Bound	Knotted	Bound	Regularly Irregular and slightly slow due to Heart Blood Stasis or Heart Yang Deficiency
Dai	代	Intermittent	Regular interrupted	Intermittent	Regular interrupted	Regularly Irregular, generally means a serious internal organ issue. Tends to be a red flag referral
Chang	長	Long	Long	Long	---	N/A
Duan	短	Short	Short	Short	Short	N/A
You Li	有力	Forceful	Forceful			Excess conditions like Food Stagnation, Heat
Wu Li	無力	Forceless	Forceless			Generally relating to Qi and Yang Deficiency