

AIMC AOM Review
Maciocia Points Prescriptions
Liver Deficiencies, Heart Deficiencies, Spleen Deficiencies

Name: _____

1. A patient has blurry vision, insomnia, tingling in the finger tips, no period for the last two months, dry skin, **and** a thready pulse. What is the best treatment for this condition?

- A)** Liv8, Liv3, S36, SP3, H7
- B)** Liv8, S36, SP6, Yuyao, B18
- C)** B18, Liv3, SP6, G20, H17
- D)** B17, Liv3, SP4, G37, Ren6

2. Patient has palpitations, anxiety, poor memory, floaters in the eyes, tingling in the toes and fingers, and pale lips. The pulse is hesitant and thready, and the tongue is very pale with a dry coat. What is the best treatment?

- A)** Liv8, S36, SP6, Ren4, B17
- B)** Liv8, B17, H6, H5, Ren14
- C)** Liv8, H7, Ren15, B18, Ren4
- D)** H7, B15, B20, Ren17, P6

3. A patient has a poor appetite, abdominal distension (especially after eating), low energy, loose stools, pale tongue, and a deficient pulse. What is the best treatment?

- A)** Ren12, S36, SP6, B20, SP3
- B)** Ren12, S36, SP4, B21, Du20
- C)** Ren12, SP6, Ren9, S36, B20
- D)** Ren12, SP6, SP10, S365, B17

4. Patient has a poor appetite, abdominal distension after eating, exhaustion, loose stools, cold limbs, and abdominal edema. What is the best treatment?

- A)** SP6, S36, Ren12, Ren9, S29

- B) SP6, S36, Ren12, Ren8, S28
- C) SP6, S36, Ren12, Ren9, S28
- D) SP6, S36, Ren12, SP10, B17

5. A patient has anal prolapse, exhaustion, loose stools, mental depression, and frequent urination. The tongue is pale and the pulse is weak. What is the best treatment?

- A) SP6, S36, Ren12, Ren9, S28
- B) SP6, S36, Ren12, Du20, Ren6
- C) SP6, S36, Ren12, SP10, B17
- D) SP6, S36, Ren12, SP4, Du20

6. A patient has had continuous menstrual bleeding for two weeks. There is a lot of blood and it is pale. What is the best treatment?

- A) SP6, SP4, SP10, SP1, SP3
- B) SP6, SP10, SP1, SP3, Ren4
- C) SP6, SP10, B18, B20, Ren6
- D) SP6, SP10, B17, Ren12, Ren6

7. Patient has heaviness in the head, a sweet taste in the mouth, fullness in the epigastrium, and a poor appetite. What is the best treatment?

- A) SP6, SP3, S36, Ren12, S28
- B) SP6, SP3, SP9, S8, SP15
- C) SP6, SP3, S8, B23, SP9
- D) SP6, SP9, S22, Ren9, Ren11, S8

8. Patient has fullness in the epigastrium, poor appetite, a sweet taste in the mouth, and excessive white vaginal discharge. What is the best treatment?

- A) SP6, SP3, B20, Ren12, S28
- B) SP6, SP3, SP9, S8, SP15
- C) SP6, SP3, S28, B23, SP9
- D) SP6, SP9, S22, Ren9, Ren11, S8

9. Patient has a feeling of heaviness in the body, low appetite, nausea, vomiting,

burning sensation in the anus, and loose stools with an offensive odor. What is the best treatment?

- A) SP6, SP9, LI11, Du14, S8
- B) SP6, SP9, LI11, SP15, S36
- C) SP6, SP9, LI11, B20, B21
- D) SP6, SP9, Du9, LI11, S22, S28

10. Which points are used for both Heart Blood Deficiency and Heart Yin Deficiency?

- A) Ren14, Ren4, H7, Ren15, P6
- B) H5, Ren17, B15, P6, Ren6
- C) H6, H7, B17, B20, K6
- D) H7, K7, K6, SP6, H6

11. Patient has hypochondriac pain, asthma, headache, and breathlessness. What is the best treatment?

- A) Liv2, Ren17, P6, Liv14, L7
- B) LI11, GB34, Ren12, SP6
- C) Liv14, Liv3, Liv2, Ren6
- D) L7, Ren13, Ren14, Du12

12. Patient has irritability, hypochondriac and epigastric pain, with vomiting. What is the best treatment?

- A) Liv14, Ren13, Ren10, B21
- B) Liv13, S36, Liv2, SP6
- C) Liv3, Liv14, Liv13, Ren12
- D) LI11, Liv13, GB34, SP3

13. Patient has mental restlessness, night sweats, malar flush, five center heat, and palpitations. What is the best treatment for this case?

- A) H7, H6, K7, Ren15, P6
- B) H6, SP3, S36, K6, Ren14
- C) Liv3, LI4, GB34, P6
- D) H5, B15, Ren15, H6

14. Patient has dizziness, poor memory, anxiety, insomnia, and palpitations. What is the best treatment for this case?

- A) H5, Ren17, B23, S36
- B) H7, Ren15, B23, B18, B20
- C) H7, P6, Ren14, Ren15, B20
- D) H6, Ren14, PC6, Ren15, B20

15. A patient has shortness of breath, weak and shallow breathing, profuse sweating, cold limbs, palpitations, and cyanosis of the lips. What is the best treatment for this case?

- A) Ren6, Du4, B23, Du14, B15
- B) Ren6, H5, B15, Ren17, P6
- C) Ren6, H5, Du4, Ren17, B17
- D) Ren6, Du4, Ren9, S36, SP3

16. Patient has shortness of breath, spontaneous sweating, tiredness, slight depression, a pale face, and palpitations. What is the best treatment for this case?

- A) L9, Ren6, B13, Du12
- B) H5, PC6, Ren17, Ren6, Du14
- C) L7, H5, Ren6, B15, B13
- D) L6, H6, Ren6, B14, B12

17. Patient has alternating diarrhea and constipation with a string-taut pulse. What is the best treatment?

- A) Liv3, Liv13, Ren12, ST25, ST36
- B) Liv3, Ren10, GB34, P6
- C) Liv13, Liv2, B20, S36
- D) B18, Liv3, Ren6, LI11

18. Which points are used for both Heart Blood Deficiency and Heart Yin Deficiency?

- A) H7, K7, K6, SP6, H6
- B) H5, Ren17, B15, P6, Ren6
- C) H6, H7, B17, B20, K6
- D) Ren14, Ren4, H7, Ren15, P6

19. What points do Spleen Cold Damp and Spleen Damp Heat have in common?

- A)** SP6, SP9, ST22, UB22, Ren9, ST8
- B)** SP6, SP9, Ren12, ST28, UB20, UB21
- C)** SP6, SP9, Du9, ST28, UB20, Ren9
- D)** SP6, SP9, ST28, Ren9, Ren11, UB20

20. All Spleen Deficiency patterns share the following pointsS

- A)** SP3, SP6, DU20, UB20
- B)** SP3, SP6, Ren6, Ren12
- C)** SP3, SP6, Ren9, SP9, UB20
- D)** SP3, SP6, ST36, Ren12, UB20, UB21