

30

IMPORTANT POINTS TO KNOW FOR CLINIC
AND YOUR ACUPUNCTURE BOARD EXAMS

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LU5 VS. LU10

CHIZE
CUBIT MARSH

YUJI
FISH BORDER

LU 5 LU 10

EXCESS

Phlegm

Heat Only

Phlegm Heat

LIEQUE
BROKEN SEQUENCE

LU7 VS. LU9

TAIYUAN
GREAT ABYSS

LU 7	LU9
Exc/Def Inter /Exter	Def Only Inter Only
Wind Cold/ Water Passages Head and Neck	Tonify Lungs
Tonify Yin + KD6 (Ren)	Tonify Vessels

HEGU

LI4
UNION VALLEY

- Exterior or Interior Wind
- Pain
- Issues effecting the Face
- Promotes Labor

QUUCHI

LI11
POOL AT BEND

- Fire Engine



+				
LV2	HT8	ST44	KD2	LU10
Liver Fire	Heart Fire	Stomach fire	Kidney Heat	Lung Heat

ZUSANLI

ST36
LEG THREE LI

Excess	Deficiency
Hot	Cold
Regulator	Tonifer
Middle Jiao	Qi and Blood

+ Ren12 = Abdomen

+ Ren2, PC6 = Epigastrium

+ SP3 = Tonify middle jiao

+ Li10 = Solid Immunity

+ GB39 = Prevent Wind Stroke

+ UB12 = Strength Wei Qi

ST40 VS ST44

FENGLONG
BEAUTIFUL BULGE

NEITING
INNER COURT

ST40

ST44

EXCESS

Substantial /
Non-Substantial
Phlegm

Heat
Food Stagnation
Facial Issues
Headaches

SP6

SANYINJIAO
3 YIN INTERSECTION

- Crossing Point for the 3 Leg Yin

LV → Liver Qi Stagnation

SP → Drains Damp

KD → Nourish KD Yin

- Nourish WHOLE BODY Yin

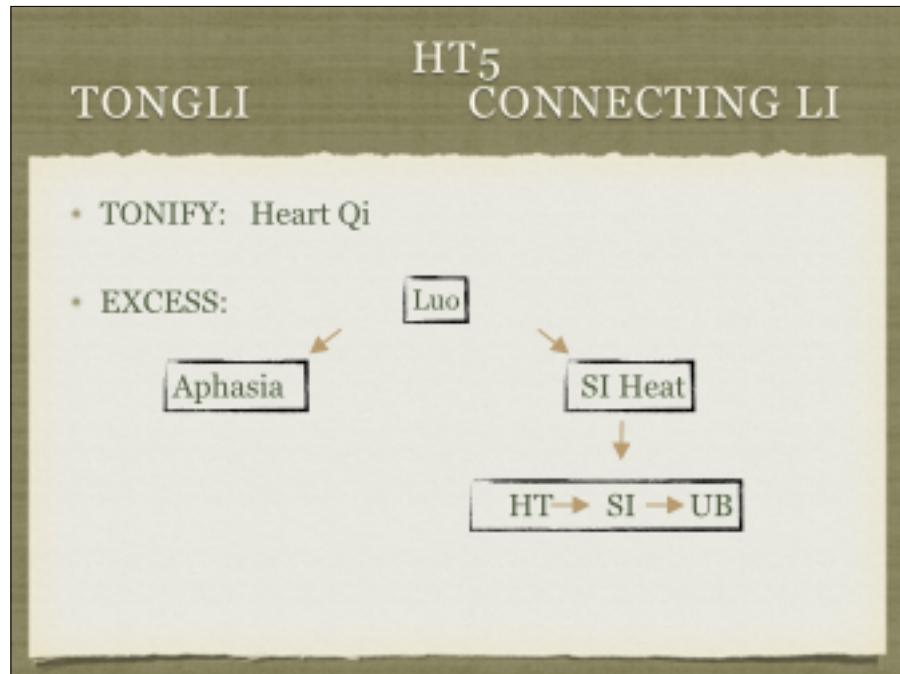
• Calm Shen

SP9
YINLINGQUAN YIN MOUND
SPRING

- CLEAR DAMP
- Damp HEAT
- Damp COLD
- Water Regulation Problems

SP10
XUEHAI SEA OF BLOOD

Excess	Deficiency
Cools Blood	Holds Blood
Moves Blood	Gui Pi Tang
Skin Issues	



SHAO FU

HT8
LESSER MANSION

- Heart Heat



SHAOZE

SI1
LESSER MARSH

- Empirical Point for Breast Issues

Excess	Deficiency
Hot	Cold
Breast Abscesses	Promote Lactation

- +ST18, Ren17, GB21

HOUXI

SI3

BACK RAVINE

Master Point for the Du Channel



SI3 + UB62



Problems of the Back and Spine

IMPORTANT BACK SHU

UB13	Tonify LU: +UB43, DU12= Chronic
UB15	HT: Palpitations
UB17	Diaphragm: Hiccups Regulate Blood
UB18	LV: Excess and Deficiency
UB19	GB: GB Dampheat, Jaundice
UB20	SP: Chronic Diarhea
UB21	ST: Tonify the stomach
UB23	KD: KD tonification, +DU3, UB40 = Low back pain
UB25	LI: Constipation
UB28	UB: UTI, urinary disturbance, Lin Syndrome

UB40 VS UB60 VS. UB67
WEIZHONG KUNLUN ZHIYIN
BEND MIDDLE KUNLUN MOUNTAINS
REACHING YIN

UB40	UB60	UB67
BACK and Head		
Lower	Upper	Vertex
Skin Issues	Taiyang Headache	Breech Babies
Blood Heat		Labor Induction

KD3
TAIXI GREAT RAVINE

EVERYTHING KIDNEY



Yang Qi Yin Essence

KD6 VS. KD7
ZHAOHAI FULIU
SHINING SEA RECOVER FLOW

KD6

KD6 + UB62: Insomnia or
 Somnolence
 KD6 + LU7: KD not
 grasping Qi, Nourish Throat
 KD6 + SJ6: Constipation
 KD6 + SP6: Whole body
 yin
 KD6 + HT6: HT and KD
 not Communicating

KD6	KD7
Yin	Yang
+ Ren 4	+ DU 4
Night Sweats	Regulate Sweat
Liu Wei Di Huang Wan	Jin Gui Shen Qi Wan
Zou Gui Wan	You Gui Wan

KD7

KD7 + LI4: Daytime sweating
 KD7 + HT6: Night sweats

PC6
NEIGUAN INNER PASS

- Upper and Middle Jiao Qi Regulator
- Opens the chest, epigastrium and hypochondrium (think qi stagnation)
- Settles the stomach for any time of rebellious qi: vomiting/nausea, hiccups, acid regurgitation
- Calms Shen

SJ5
WAIGUAN
OUTER PASS

- Great for Wind Heat: + LI4, LI11
- SJ Channel goes to the ear: Anything ear: infections, deafness, tinnitus

SJ6
ZHIGOU
BRANCH DITCH

- Many uses within combinations:

SJ6 +

KD6 Dry stools or constipation

GB34 Hypochondrial pain and distention

GB31 Itchy skin for Herpes Zoster

FENGCHI

GB20

WIND POOL

- Wind from:

Exterior: wind cold

Interior: Liver Wind

- Clear heat: especially in the Shaoyang

- Clear Eyes: red eyes due to excess w/h, liver fire, yang rising

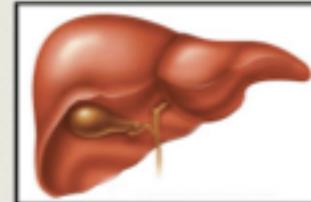
GB34
YANGLINGQUAN YANG MOUND SPRING

- Influential point of the sinews
- Damp Heat
- Liver Qi Stagnation + LV3

LOCAL-DISTAL HEADACHE POINTS

Taiyang (occiput)	Yangming (frontal)	Shaoyang (Temporal)	Jueyin (Vertex)
UB10/GB20	ST8	Taiyang	Du 20
UB60	ST44	GB41	LV3/UB67

LV2
XINGJIAN MOVING BETWEEN



+



Long Dan Xie Gan Tang

LV3
TAICHONG GREAT SURGE

- Yuan Source

Excess	Deficiency
Liver Qi Stag	Liver Blood Deficiency

LV8
QUQUAN SPRING IN BEND

Tonify all Liver Fluids

Blood

Yin

REN6 VS. REN12 VS. REN 17
QIHAI ZHONGWAN TANZHONG
SEA OF QI CENTRAL VENTER CHEST
CENTER

Upper Jiao → Regulate Qi

Middle Jiao → Regulate and Tonify Qi

Lower Jiao → Regulate Qi and Tonify Dan Tian

DU4
MINGMEN
LIFE GATE

- MingMen Fire
- Tonify Yang

DU14 VS. DU16
DAZHUI YAMEN
GREAT HAMMER WIND MANSION

- CLEAR HEAT

Taiyang Level

Shaoyang level

- Tonify
- Warm