



COURSE TITLE: AOM REVIEW **TERM:** Fall 2018

DAYS / TIMES: Online recorded classes weekly released on Mondays. Meeting days on Thursday 5:00-7:30 PM (we won't meet every Thursday night so please be sure to check the syllabus for dates). Weekly Quizzes every Thursday from 7:30-8:00PM.

INSTRUCTORS:

TCM Review Seminars: Bina Jangda, LAc
Email: bina@tcmreview.com

UNITS/HOURS: 3units/45hours

One unit is earned by performing three hours of class work per week for one trimester. In didactic courses, two hours of preparation are required for each hour of lecture for one unit of credit.

PREREQUISITES:

IM 301-303 OCM I-III

COURSE DESCRIPTION

Please realize that this course is specially designed for schools. It will provide a thorough review to begin preparing you for your board exams.

With the board exams constantly changing, this course cannot be a comprehensive or a current review as we cannot predict upcoming changes to the exams.

This course is a truncated version of the TCM Review Seminars 100-hour CALE prep. What is not included in this course:

- Case Study Analysis
- Single Points I
- Single Herbs
- CNT 7th edition/HIPPA
- Drills and Case Study practice
- Individual assessment and tutoring with an instructor
- Online quiz bank
- Mock Exams

All other topics from foundations to biomedicine are covered in this review. If you take this course seriously and make efforts to really learn what we have set out to teach, you will be ½ way to passing your boards. Think of this as your jump-start course for the CALE/NCCAOM.



EXPECTED STUDENT LEARNING OUTCOMES

By the end of this course students will be able to demonstrating a strong background in AOM knowledge and well-developed examination skills in preparation for passing the CALE and NCCAOM exams.

PRESENTATION METHODS

Discussion, handouts, homework, weekly videos, lecture, question/answer, quizzes

RECOMMENDED TEXTS:

- Handbook of Oriental Medicine, latest Edition, Hyunbae Kim, L.Ac. (required)
- All texts listed on former CALE book lists
- TCM Review Seminars Course Reader (required, included with tuition)

COURSE REQUIREMENTS

Classes are about 2 hours of recorded video per week (some are a little longer and others a little shorter). Along with video classes, we will have a 5 Q&A sessions (3 Hours). This will give you a chance ask questions in real time with an instructor. Q&A will be held on Thursdays from 5-7:30PM. Attendance is mandatory and will determine your grade for the course.

Recorded classes are released on Monday morning by 2PM. You'll have 7 days to view the classes. In this time, you can watch the class as much as you like. If you walk away from your device while viewing a class, the time stamp will stop. If your computer is left idle, the time clock will stop recording. You must login and view classes for 2 hours each week to receive attendance credit.

Classes come down on Mondays by 1PM

ATTENDANCE POLICY: In accordance with current AIMC policies, students must attend a minimum of 80% of all course meetings, or a minimum of 12 classes for a 15-week course, to received course credit. If a student fails to attend the required amount of class meetings, they will receive an "F" for the course and will need to retake the course for credit.



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EVALUATION CRITERIA

This course is based on participation, quiz scores and a final exam.

Participation: 60% of the Final Grade Participation is taken in three areas:

- Watching the videos online
- Participating in Q&A discussions

Quizzes: 30% of the Final Grade

Quizzes are given each week and are taken online (www.classmarker.com). You will be given a login and password to access the quiz site. Weekly quizzes will be up from 7:30- 8:00PM on Tuesdays to take. Quizzes come down automatically at 8:00 PM. If you need to miss class or miss a quiz, please email AJ at admin@tcmreview.com 24 hours in advance to arrange for a make-up time. Quizzes will be 10 multiple choice questions. The content will be based on the previous week's video lectures and live Q&A class.

(Students must receive 75% or higher on quizzes, or a retake is required. Quiz retakes are done with the administration and the cost is \$60 per quiz.)

Final Exam: 10% of the Final Grade

The final exam will be 100 multiple choice questions. The final exam is taken online and will be available on the last Thursday (December 13, 2018) of the term from 5-8PM.

Letter Grade	Grade in Percent
A	94-100
A-	90-93
B+	87-89
B	83-86
B-	80-82
C+	77-79
C	73-76
C-	70-72
F	0-69

MAKE UP EXAMS, QUIZZES, & MISSED/REMEDIAL EXAMS:

There are no make-ups for missed exams or missed classes.

COURSE OUTLINE

Since we have weekly recorded classes, quizzes and occasional Q&A, dates for each week are posted as Monday (the day the recorded video is released). Q&A classes and quizzes will always be on Thursdays of that same week.

Week 1 (September 4, 2018): Foundations / Diagnosis I (approximately 2 hours)

- This class covers the essential material relating to questions on foundations and diagnosis. Diagnosis I covers the diagnostic questions. *Shang Han Lun*, *Wen Bing Lun*, 5 Element, tongue and pulse, etc.
- **Q&A #1: On campus class from 5-7:30PM (09/06/2018)**

Week 2 (September 10, 2018): Diagnosis I cont'd / Diagnosis II (approximately 2 hours)

- Diagnosis I covers the diagnostic questions. *Shang Han Lun*, *Wen Bing Lun*, 5 Element, tongue and pulse, etc.
- Clear comprehension of Zang Fu pattern differentiation is an essential part of the information needed to pass the CALE exams. We examine and identify the symptoms, making diagnosis options clear and simple
- **Quiz 1:** This quiz covers information from the Week 1 class videos and Q&A. Please log in to your Classmarker.com account. The quiz will be up on 09/13/2018 from 7:30-8:00PM.

Week 3 (September 17, 2018): Diagnosis II (approximately 2 hours)

- Clear comprehension of Zang Fu pattern differentiation is an essential part of the information needed to pass the CALE exams. We examine and identify the symptoms, making diagnosis options clear and simple.
- **Q&A #2: On campus class from 5-7:30PM (09/20/2018)**
- **Quiz 2:** This quiz covers information from the Week 2 class videos and Q&A. Please log in to your Classmarker.com account. The quiz will be up after your class from 7:30-8:00PM.



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Week 4 (September 24, 2018): Maciocia Point Prescriptions (approximately 2 hours)

- This class takes you through all the essential Maciocia point prescriptions, including explanations of why each point is included in the prescription. Additionally, diagnosis, herbs and biomedicine correlations are discussed to clarify point prescriptions where applicable.
- **Quiz 3:** This quiz covers information from the Week 3 class videos and Q&A. Please log in to your Classmarker.com account. The quiz will be up on 09/27/2018 from 7:30-8:00PM.

Week 5 (October 1, 2018): Maciocia Point Prescriptions / Acupuncture Adjunct Therapies (approximately 2 hours)

- This class takes you through all the essential Maciocia prescriptions, including explanations of why each point is included in the prescription. Additionally, diagnosis, herbs and biomedicine correlations are discussed to clarify point prescriptions where applicable.
- In this class, we have condensed the essential material for ear acupuncture, scalp acupuncture, acupuncture cautions, contraindications, moxa, cupping, point location, landmarks and organ pathways.
- **Quiz 4:** This quiz covers information from the Week 4 class videos and Q&A. Please log in to your Classmarker.com account. The quiz will be up on 10/04/2018 from 7:30-8:00PM.

Week 6 (October 8, 2018): Acupuncture Adjunct Therapies (approximately 2 hours)

- In this class, we have condensed the essential material for ear acupuncture, scalp acupuncture, acupuncture cautions, contraindications, moxa, cupping, point location, landmarks and organ pathways.
- **Quiz 5:** This quiz covers information from the Week 5 class videos and Q&A. Please log in to your Classmarker.com account. The quiz will be up on 10/11/2018 from 7:30-8:00PM.

Week 7 (October 15, 2018): Acupuncture Adjunct Therapies II and Nutrition (approximately 2 hours)

- In this class, we have condensed the essential material for ear acupuncture, scalp acupuncture, acupuncture cautions, contraindications, moxa, cupping, point location, landmarks and organ pathways.
- **Q&A #3: On campus class from 5-7:30PM (10/18/2018)**
- **Quiz 6:** This quiz covers information from the Week 6 class videos and Q&A. Please log in to your Classmarker.com account. The quiz will be up after your class from 7:30-8:00PM.

Week 8 (October 22, 2018): Acupuncture Adjunct Therapies II and Nutrition / Formulas I (approximately 2 hours)

- In this class, we have condensed the essential material for ear acupuncture, scalp acupuncture, acupuncture cautions, contraindications, moxa, cupping, point location, landmarks and organ pathways. The last hour will cover nutrition from *Healing with Whole Foods and Tao of Nutrition*.
- This class is a detailed review of each of the CALE formulas. Includes comparisons, key symptoms, tongue and pulse, contraindications, and hierarchies.
- **Quiz 7:** This quiz covers information from the Week 7 class videos and Q&A. Please log in to your Classmarker.com account. The quiz will be up on 10/25/2018 from 7:30-8:00PM.

Week 9 (October 29, 2018): Formulas I (approximately 2 hours)

- This class is a detailed review of each of the CALE formulas. Includes comparisons, key symptoms, tongue and pulse, contraindications, and hierarchies.
- **Quiz 8:** This quiz covers information from the Week 8 class videos and Q&A. Please log in to your Classmarker.com account. The quiz will be up on 11/01/2018 from 7:30-8:00PM.

Week 10 (November 5, 2018): Formulas I / Formulas II (approximately 2 hours)

- This class completes the review of the remaining CALE formulas. Includes comparisons, key symptoms, tongue and pulse, contraindications, hierarchies, King herbs and the uses in biomedicine.
- **Quiz 9:** This quiz covers information from the Week 9 class videos and Q&A. Please log in to your Classmarker.com account. The quiz will be up on 11/08/2018 from 7:30-8:00PM.

Week 11 (November 12, 2018): Formulas II / Biomedicine I (approximately 2 hours)

- This class completes the review of the remaining CALE formulas. Includes comparisons, key symptoms, tongue and pulse, contraindications, hierarchies, King herbs and the uses in biomedicine.
- This class provides an overview of the uses of biomedicine knowledge essential to passing the CALE. We outline and discuss the basics, including hormones, dermatomes, vitamins, and lab tests. We cover the major biomedicine diseases, discussing their symptoms, tests and key red flags.
- **Q&A #4: On campus class from 5-7:30PM (11/15/2018)**
- **Quiz 10:** This quiz covers information from the Week 10 class videos and Q&A. Please log in to your Classmarker.com account. The quiz will be up after your class from 7:30-8:00PM.

Week 12 (November 19, 2018): Biomedicine I (approximately 2 hours)

- This class provides an overview of the uses of biomedicine knowledge essential to passing the CALE. We outline and discuss the basics, including hormones, dermatomes, vitamins, and lab tests. We cover the major biomedicine diseases, discussing their symptoms, tests and key red flags.
- **Quiz 11:** This quiz covers information from the Week 11 class videos and Q&A. Please log in to your Classmarker.com account. The quiz will be up on 11/22/2018 from 7:30-8:00PM.

Week 13 (November 26, 2018): Biomedicine II (approximately 2 hours)

- This class expands the principles of biomedicine, reviewing key signs, symptoms and tests for common biomedical western diseases. In completion, the uses of pharmacology and orthopedic testing are discussed as well.
- **Quiz 12:** This quiz covers information from the Week 12 class videos and Q&A. Please log in to your Classmarker.com account. The quiz will be up on 11/29/2018 from 7:30-8:00PM.

Week 14 (December 3, 2018): Biomedicine II / Orthopedics (approximately 2 hours)

- This class expands the principles of biomedicine, reviewing key signs, symptoms and tests for common biomedical western diseases. In completion, the uses of pharmacology and orthopedic testing are discussed as well.
- **Q&A #5: On campus class from 5-7:30PM (12/06/2018)**
- **Quiz 13:** This quiz covers information from the Week 13 class videos and Q&A. Please log in to your Classmarker.com account. The quiz will be up after your class from 7:30-8:00PM.

Week 15: Final Exam

- **Final Exam:** It will be released on Thursday, December 13, 2018 from 5-8PM. The final exam covers information from all the quizzes. Please log in to your Classmarker.com account to access the Final Exam.

The instructors reserve the right to revise this syllabus mid-trimester.