



**TCM REVIEW SEMINARS**  
**IMPORTANT SINGLE POINT FUNCTIONS**  
**FOR THE**  
**CLINICAL CASE STUDIES EXAM**

**Lung Channel**

**LU1:** Regulates Lung Qi for cough, phlegm, and/or Excess in the chest, stops pain

**LU5:** Phlegm Heat in the Lungs or Phlegm in the Lungs

**LU7:** Wind Cold, Lung Yin Deficiency, Yang Edema, coupled point to open the Ren for Yin Deficiency, Move Qi in the chest

**LU9:** Tonifies the Lungs and Heart, benefits the vessels, treats chronic cough

**LU10:** Clears Lung Heat

**LU11:** Heat in the Lungs, Wind Heat, good for asthma, sore throat and loss of voice (bleeding technique) and mental disorders

**LARGE INTESTINE CHANNEL**

**LI4:** clears Exterior and Interior Wind, stops pain, command point of the face, clears the nose, contraindicated for pregnancy

**LI11:** Organ Heat, Wind Heat, Blood Heat, Toxic Heat, Deficiency Heat

**LI20:** Open nasal passages

**STOMACH CHANNEL**

**ST4:** Bell's Palsy, Trigeminal Neuralgia, facial paralysis

**ST8:** Yangming headaches, dizziness due to Phlegm

**ST18:** mastitis, insufficient lactation, pre-menstrual breast swelling, breast lumps

**ST25:** abdominal distension, constipation and diarrhea

**ST34:** all types of pain issues in the ST Channel especially Cold

**ST36:** tonify Qi and Blood, regulate Middle Jiao Qi, command of the Fu organs, can treat Excess and Deficiency conditions and Heat or Cold syndromes

**ST37:** regulates LI Qi for all LI Excess disorders

**ST39:** regulate SI Qi for all SI disorders, Excess or Deficiency

**ST40:** for all types of phlegm issues, visible or invisible, descend ST Qi to calm Mind, move ST Qi Stagnation

**ST44:** clears Heat in the Yangming channel, treats Yangming headaches, helps with trigeminal neuralgia, and facial paralysis

### **SPLEEN CHANNEL**

**SP1:** irregular menstrual bleeding, calm mind for sleep disorders

**SP3:** tonify SP and strengthen its functions

**SP4:** clear the 5 stagnations from the Middle Jiao (Cold, Qi Stag, Blood Stasis, Damp/Phlegm and Food Stagnation. NO HEAT), stop uterine bleeding, tonify Blood by opening the Chong

**SP6:** nourishes whole body Yin, soothe LV Qi stagnation and remove SP Damp, crossing point of the 3 leg yin channels, good for tonifying fluids, regulates fluids

**SP8:** menstrual pain due to dysmenorrhea

**SP9:** Resolve Damp, regulate water for water metabolism problems such as edema, urinary disturbance, etc

**SP10:** move and cool Blood

### **HEART CHANNEL**

**HT5:** nourish HT Qi, aphasia and other speech issues, SI Heat

**HT6:** HT Yin and treats night sweats

**HT7:** tonifies HT Blood and treats insomnia and palpitations, calms spirit

**HT8:** clears HT Heat

**HT9:** clears HT Heat and opens Orifices for Phlegm Misting the Mind

### **SMALL INTESTINE CHANNEL**

**SI1:** increases milk flow, reduces breast abscesses or Mastitis

**SI3:** treats back problems, opens the DU, spinal issues, clears vertex headaches

**SI19:** crossing point for the SJ and SI channels, treats deafness and tinnitus

### **URINARY BLADDER CHANNEL**

**UB1:** treats insomnia and somnolence, crossing point for Yang Qiao, Yin Qiao, SI and ST channels

**UB10:** occipital headaches

**UB11:** strengthens the bones, treats Bone Bi, late closing of fontanel, osteoporosis and chronic arthritis

**UB13:** tonifies the Lungs, treats cough and asthma, treats chronic diseases

**UB15:** regulates the HT, stops palpitations, helps insomnia

**UB17:** cools the Blood, regulates Blood and regulates the diaphragm

**UB18:** tonifies LV Blood and treats Jaundice

**UB19:** treats GB Excess conditions like Damp or Damp Heat

**UB20:** tonifies the SP, builds Qi and Blood



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**UB21:** tonifies ST Qi and Yang

**UB22:** regulates water passages, promotes water metabolism

**UB23:** tonifies KD Yang, Qi, Essence and Blood, treats low back pain

**UB25:** clears Heat and moves Qi Stagnation, clears local Cold

**UB28:** treats Excess and Deficiency UB conditions

**UB32:** Excess in the Lower Jiao, dysmenorrhea due to Blood Stasis

**UB40:** low back pain, cools Heat in the Blood, fainting point, treats skin conditions

**UB57:** treats hemorrhoids

**UB60:** treats upper back pain especial Taiyang (occipital) headaches

**UB62:** opens the Yang Qiao, treats somnolence, insomnia and daytime epilepsy, benefits the brain

### **KIDNEY CHANNEL**

**KD1:** Excess above and Deficiency below, restores consciousness

**KD3:** treats all issues with the Kidneys, tonifies KD Yang, KD Yin, KD Qi and KD Essence

**KD6:** tonifies KD Yin, strengthens the HT and KD connection, nourishes whole body Yin, nourishes the throat and strengthens KD grasping function, treats constipation

**KD7:** tonifies KD Yang, treats night sweats and spontaneous sweat

**KD10:** tonifies KD Yin

**KD25:** local point for chest pain, strengthens KD function of not receiving Qi, calms the Mind

### **PERICARDIUM CHANNEL**

**PC4:** distal point for chest pains due to Blood stasis

**PC6:** regulates Qi in the chest, epigastrium and hypochondrium, moves Liver Qi, regulates ST Qi for nausea and vomiting, opens the chest for shortness of breath and palpitations, calms the spirit

**PC9:** treats PC Heat or open Orifices

### **SAN JIAO CHANNEL**

**SJ4:** treats water regulation issues

**SJ5:** disperses Wind Heat, subdues Liver Yang Rising, treats ear infections, deafness and tinnitus

**SJ6:** treats hypochondriac distension, treats constipation

### **GALLBLADDER CHANNEL**

**GB20:** treats eye disorders due to Excess such as Wind Heat or Liver Fire, treats internal or external Wind, treats Wind Cold

**GB21:** Contraindicated in cases of pregnancy, treats breast abscesses and retention of placenta after childbirth

**GB30:** crossing point of the GB and UB, treats sciatica pain

**GB34:** clears damp Heat, stops pain in the Lower Jiao, moves LV Qi, influential point of the tendons and sinews

**GB39:** nourishes marrow, treats Bone Bi, prevents Wind-Stroke

**GB40:** strengthens the GB Qi to tonify resolve for issues where patient has a difficult time making decisions or lacks courage

### **LIVER CHANNEL**

**LV2:** clears Excess from the Liver channel both Heat and Cold

**LV3:** treats Excess and Deficiency for LV Qi Stagnation, tonifies LV Blood, moves LV Qi and moves Qi for LI Cold

**LV5:** genital issues such as itchy vaginal discharge or priapism, moves Qi and Blood for LV Blood Stasis, clears LV Cold

**LV8:** tonifies LV Blood

**LV13:** treats abdominal pain due to LV overacting on SP, moves LV Qi

**LV14:** treats LV overacting on ST, moves LV Qi

### **REN CHANNEL**

**REN3:** Front Mu of the UB, regulates water in the UB for Deficiency or Excess conditions, treats Excess in the Lower Jiao

**REN4:** tonify whole body Yin and tonify Yang (moxa)

**REN6:** tonify whole body Qi and Yang, raise whole body Qi and Yang, regulate Qi in the Lower Jiao

**REN8:** rescue the Yang (salt moxa) specifically for SP Yang

**REN12:** regulates Qi of the Middle Jiao for Excess or Deficiency syndromes, Heat and Cold conditions

**REN17:** influential point of Qi, regulates Qi in the chest, relaxes chest constriction, treats breast issues

**REN22:** benefits the throat, treats plum pit Qi, calms asthma and stops cough



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**DU CHANNEL**

**DU3:** treats low back pain of any type

**DU4:** treats deficient Mingmen fire with signs and symptoms of spermatorrhea or seminal emissions. Tonifies KD Yang

**DU8:** treats spasms and tremors and cools the Blood

**DU9:** treats jaundice, resolves damp Heat in the GB and LV

**DU12:** used for chronic, long standing, debilitating diseases, treats internal wind with symptoms of spasms, convulsions, tremors and epilepsy

**DU14:** crossing point for all the yang channels, clears Heat from the Yangming and Shaoyang levels, tonifies HT Qi and Yang (moxa)

**DU16:** nourishes marrow, treats internal and external wind and clears hot and Cold conditions

**DU20:** raises clear Yang for Deficiency above and Excess below or for Qi sinking, eliminates internal wind, calms the mind, restores consciousness

**DU23:** treats nasal congestion by opening the nose

**DU26:** treats low back pain due to trauma, loss of consciousness and facial swelling and paralysis, crossing point for the LI and ST