



Pan Canadian Written Exam
Herbal Case Studies
Week 1

1. Which of the following herbs is incompatible with Bei Mu (bulbus thunberg fritillaria)?
 - A. Gan Cao (Radix Glycyrrhizae)
 - B. Li Lu (Radix Et Rhizoma Veratri)
 - C. Bai Shao (Radix Paeniae Lactiflorae)
 - D. Wu Tou (Radix Aconiti)

2. The best formula for a patient experiencing a sensation of something stuck in the throat that can be neither swallowed nor coughed up is?
 - a. Xue Fu Zhu Yu Tang (Drive Out Stasis in the Mansion of Blood)
 - b. Tian Ma Gou Teng Yin (Gastrodia and Uncaria Decoction)
 - c. Ban Xia Hou Po Tang (Pinellia and Magnolia Bark Formula)
 - d. Xiao Chai Hu Tang (Minor Bupleurum)

3. Which of the following herbs antagonises Ding Xuan (Caryophylli Flos)?
 - A. Zhi Wu Tou (Aconiti Radix Preparata)
 - B. Yu Jin (Curcumae Radix)
 - C. Chi Shi Zhi (Hallsyitum Rubrum)
 - d. Rou Gui (Cinnamoni Cortex)

4. Large doses of which of the following herbs can cause side effects of nausea, vomiting, diarrhea, hypertension, shock and loss of consciousness?
 - A. Xing Ren (Armeniacae Semen)
 - B. Fu Ling (Poria)
 - C. Tian Men Dong (Asparagi Radix)
 - D. Rou Dou Kou (Myristicae Semen)

5. Patient presents with breast distention and irregular menstruation. She tells you this has been going on for a year now. She has a history of headaches as well. She is often exhausted and has a difficult time regulating her temperature. The tongue is pale-red and the pulse is string-taut and deficient. What is the best formula for this case?
 - A. Gu Jing Wan (Stabilize the Menses Pill)
 - B. Wen Jing Tang (Warm the Menses Decoction)



- C. Xiao Yao San (Rambling Powder)
- D. Si Ni Tang (Frigid Extremities Powder)

6. Patient presents with excessive uterine bleeding. The blood is pale and her menses are always early. She also suffers from leukorrhea. Sometimes there is blood in her stools. What is the best formula for this case?

- A. Dang Gui Bu Xue Tang (Tangkuei Decoction to Tonify the Blood)
- B. Gui Pi Tang (Restore the Spleen Decoction)
- C. Zhi Gan Cao Tang (Honey-Fried Licorice Decoction)
- D. Gui Zhi Fu Ling Wan (Cinnamon Twig and Poria Pill)

7. Patient presents with amenorrhea. She hasn't had a period in 6 months. Upon palpation you detect immobile masses in her lower abdomen. There is pain and tenderness to the touch. She tells you her abdomen is often tense and sometimes she has abdominal spasms. What is the best formula for this case?

- A. Gui Zhi Fu Ling Wan (Cinnamon Twig and Poria Pill)
- B. Tao He Cheng Qi Tang (Peach Pit Decoction to Order the Qi)
- C. Sheng Hua Tang (Generating and Transforming Decoction)
- D. Shi Xiao San (Sudden Smile Powder)

8. Patient presents with dysmenorrhea. She often has acute lower abdominal pain. This is accompanied by night fevers, irritability, restlessness and thirst. She tells you that sometimes she feels manic. The pulse is deep, hesitant. What is the best formula for this case?

- A. Fu Yuan Huo Xue Tang (Revive Health by Invigorating the Blood Decoction)
- B. Xue Fu Zhu Yu Tang (Drive Out Stasis in the Mansion of Blood Decoction)
- C. Gui Zhi Fu Ling Wan (Cinnamon Twig and Poria Pill)
- D. Tao He Cheng Qi Tang (Peach Pit Decoction to Order the Qi)

9. Patient presents with insomnia and palpitations with a thin body lacking strength. There is irregular menstruation with little flow. She often feels dizzy and the vision is blurred. Often there is muscle tension. What is the best formula for this case?

- A. Liu Wei Di Huang Wan (Six Ingredient Pill with Rehmannia)
- B. Huang Lian Jie Du Tang (Coptis Decoction to Relieve Toxicity)
- C. Si Wu Tang (Four Substance Decoction)
- D. Gan Mai Da Zao Tang (Licorice Wheat and Jujube Decoction)

10. A patient has fatigue worse in the afternoon and evening, dizziness, dry mouth at night, malar flush, tidal fever, night sweats, disturbed sleep, palpitations, insomnia, mental restlessness, poor memory. What is the treatment?



LEADERS IN ACUPUNCTURE BOARD REVIEW

- A. Tian Wang Bu Xin Dan (Emperor Of Heaven's Special Pill To Tonify The Heart)
- B. Liu Wei Di Huang Wan (Six-Ingredient Pill With Rehmannia)
- C. Si Jun Zi Tang (Four-Gentleman Decoction) Combined With Wu Wei Zi
- D. Gui Pi Tang (Restore The Spleen Decoction)