



**Five Branches University**  
**FRA E10**

**COURSE TITLE:** FRA E10

**TERM:** Winter 2020

**DAYS/TIMES:** Online recorded classes weekly released on Mondays. Meeting days on Tuesdays 5:00-5:45PM and Quizzes on Tuesdays from 5:50 – 6:10PM

**INSTRUCTOR:**

TCM Review Seminars: Bina Jangda, Lac

Email: [bina@tcmreview.com](mailto:bina@tcmreview.com)

**COURSE ASSISTANT:**

Andrea Muransky

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Please contact course assistant for any technical issues regarding lost logins, passwords, missed classes, and technical issues with the site.

**UNITS/HOURS:** 3 units/45 hours

One unit is earned by attending/watching three hours of class work per week for one term. In didactic courses, two hours of preparation are required for each hour of lecture.

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**COURSE DESCRIPTION**

Please realize that this course is specially designed for schools. It will provide a thorough review to begin preparing you for your board exams.

With the board exams constantly changing, this course cannot be a comprehensive or a current review as we cannot predict upcoming changes to the exams. The lectures were developed from feedback on the August 2016-2019 CALE course.

This course is a truncated version of our 100-hour CALE prep. What is not included in this course:

- Case Study Analysis
- Testing strategies
- Single Points I
- Maciocia Point Prescriptions
- Single Herbs
- CNT 7th edition/HIPPA
- Drills and Case Study practice
- Individual assessment and tutoring with an instructor
- Online quiz bank
- Mock Exams



All other topics from foundations to biomedicine are covered in this review. If you take this course seriously and make efforts to really learn what we have set out to teach, you will be ½ way to passing your boards. Think of this as your jump-start course for the CALE/NCCAOM.

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## **EXPECTED STUDENT LEARNING OUTCOMES**

By the end of this course, students will be able to demonstrate a strong background in AOM knowledge and well-developed examination skills in preparation for passing the CALE and NCCAOM exams.

## **PRESENTATION METHODS**

Discussion, handouts, homework, weekly videos, lecture, question/answer, quizzes

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## **RECOMMENDED/ REQUIRED TEXTS:**

- Handbook of Oriental Medicine, latest Edition, Hyunbae Kim, L.Ac. (required)
  - All texts listed on former CALE book lists
  - TCM Review Seminars Course Reader (required, included with tuition)
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## **COURSE REQUIREMENTS**

Classes are about 2 hours of recorded video per week (some are a little longer and others a little shorter). Along with video classes, we will have weekly Q&A sessions (45 minutes) and weekly quizzes (15 minutes). The weekly Q&A sessions are through a virtual classroom. You will need a reliable internet connection, working microphone and video camera for this course. This will give you a chance to ask questions in real time with an instructor. Q&A class will be held on Tuesdays from 5:00-5:45PM during the semester (check schedule below for the exact dates). Attendance is mandatory and will be used in determining your grade for the course. To log in for your Q&A class, go to the student portal on [www.tcmreview.com](http://www.tcmreview.com) and sign in through the Live Class portal.

**Total course hours:** 45 (28 hours of recorded class video, 17 hours of Live classes online).

Recorded classes are released on Monday by 12PM. You'll have 7 days to view the classes. During this time period, you can watch the class as much as you like. If you walk away from your device while viewing a class, the time stamp will stop. If your computer is left idle, the time clock will stop recording. You must login and view classes for 2 hours each week to receive attendance credit. **Classes come down on Monday by 12PM.**



**ATTENDANCE POLICY:** In accordance with current Five Branches, students must attend a minimum of 80% of all course meetings, or a minimum of 12 classes for a 15-week course or a minimum of 39 hours of a 45-hour class, to receive course credit. If a student fails to attend the required amount of class meetings, they will receive an “F” for the course and will need to retake the course for credit.

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## **EVALUATION CRITERIA**

This course is based on participation, quiz scores and a final exam.

**Participation:** 60% of the Final Grade

Participation is taken in two areas:

1. Watching the videos online
2. Participating in Q&A discussions

**Quizzes:** 30% of the Final Grade

Quizzes are given each week right after the Live Class. Quizzes are taken online on the TCM Review website. You will be given a login and password to access the quiz site. Weekly quizzes will be up from 5:50-6:10PM on Tuesdays to take. Quizzes come down automatically at 6:10PM. Quizzes will include 10 multiple choice questions. The content will be based on the previous week’s video lectures and live Q&A class.

**Final Exam:** 10% of the Final Grade

The final exam will be 100 multiple choice questions. The final exam is taken online and will be available on the last Tuesday (April 14, 2020) of the term from 5-8PM.

<b>Letter Grade</b>	<b>Grade in Percent</b>
<b>A</b>	<b>90-100%</b>
<b>B</b>	<b>80-89%</b>
<b>C</b>	<b>70-79%</b>
<b>F</b>	<b>69% and less</b>

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**MAKE UP EXAMS, QUIZZES, & MISSED/REMEDIAL EXAMS:**



LEADERS IN ACUPUNCTURE BOARD REVIEW

There are no make-ups for missed exams or missed classes.

**Introduction video: Overview of the class, our expectations, how to study, etc: This video is available at all times in your student portal. It covers how to navigate the website and how to login to the quiz site where you will be taking your quizzes.**

**WEEK 1 (January 6, 2020): Foundations / Diagnosis I (about 2 hours)**

- **Hour 1:** Basic Theory
- **Hour 2:** Diagnosis I A: through 10 Asking Songs and 4 Pillars
- **Q&A:** Tuesday from 5:00-6:00PM. (01/07/2020)  
TOPIC: **Introduction and Differences Between the CALE Exam and the NCCAOM Exam**

**WEEK 2 (January 13, 2020): Diagnosis I cont'd / Diagnosis II (about 2 hours)**

- **Hour 1:** Diagnosis I part B: This class covers the many microsystems of diagnosis in Chinese Medicine such as 8 Principles, Five Elements, Shang Han Lun, Wen Bing Lun and San Jiao theories
- **Hour 2:** Diagnosis II: Zang Fu Theory
- **Q&A:** Tuesday from 5:00-5:45PM. (01/14/2020)  
TOPIC: **Zang Fu Organ Functions**
- **Quiz 1:** This quiz covers information from the Week 1 class videos and Q&A. The quiz will be up from 5:50-6:10PM.

**WEEK 3 (January 20, 2020): Diagnosis II (about 2 hours)**

- **Hour 1:** Diagnosis II part B: Zang Fu Theory
- **Hour 2:** Diagnosis II part C: Zang Fu Theory
- **Q&A:** Tuesday from 5:00-5:45PM. (01/21/2019)  
TOPIC: **Single Point Functions**
- **Quiz 2:** This quiz covers information from the Week 2 class videos and Q&A. The quiz will be up from 5:50-6:10PM.

**WEEK 4 (January 27, 2020): CAM Point Prescriptions (about 2 hours)**

- **Hour 1:** CAM Point Prescriptions part A
- **Hour 2:** CAM Point Prescriptions part B
- **Q&A:** Tuesday from 5:00-5:45PM. (01/28/2020)  
TOPIC: **Single Point Functions**
- **Quiz 3:** This quiz covers information from the Week 3 class videos and Q&A. The quiz will be up from 5:50-6:10PM.

**WEEK 5 (February 3, 2020): CAM Point Prescriptions / Acupuncture Adjunct Therapies (about 2 hours)**

- **Hour 1:** CAM Point Prescriptions part C
- **Hour 2:** Acupuncture Channel Theory



- **Q&A:** Tuesday from 5:00-5:45PM. (02/04/2020)

TOPIC: **Case Study Analysis**

- **Quiz 4:** This quiz covers information from the Week 4 class videos and Q&A. The quiz will be up from 5:50-6:10PM.

#### **WEEK 6 (February 10, 2020): Acupuncture Adjunct Therapies (about 2 hours)**

- **Hour 1:** Acupuncture Adjunct Therapies
- **Hour 2:** Acupuncture Adjunct Therapies
- **Q&A:** Tuesday from 5:00-5:45PM. (02/11/2020)

TOPIC: **Case Study Analysis**

- **Quiz 5:** This quiz covers information from the Week 5 class videos and Q&A. The quiz will be up from 5:50-6:10PM.

#### **WEEK 7 (February 17, 2020): Acupuncture Adjunct Therapies II and Nutrition (about 2 hours)**

- **Hour 1:** Point Location part A
- **Hour 2:** Point Location part B
- **Q&A:** Tuesday from 5:00-5:45PM. (02/18/2020)

TOPIC: **Case Study Analysis**

- **Quiz 6:** This quiz covers information from the Week 6 class videos and Q&A. The quiz will be up from 5:50-6:10PM.

#### **WEEK 8 (February 24, 2020): Acupuncture Adjunct Therapies II and Nutrition / Formulas I (about 2 hours)**

- **Hour 1:** Nutrition
- **Hour 2:** CALE Formulas I part A
- **Q&A:** Tuesday from 5:00-5:45PM. (02/25/2020)

TOPIC: **Case Study Analysis**

- **Quiz 7:** This quiz covers information from the Week 7 class videos and Q&A. The quiz will be up from 5:50-6:10PM.

#### **WEEK 9 (March 2, 2020): Formulas I (about 2 hours)**

- **Hour 1:** CALE Formulas I part B
- **Hour 2:** CALE Formulas I part C
- **Q&A:** Tuesday from 5:00-5:45PM. (03/03/2020)

TOPIC: **Treatment Principles**

- **Quiz 8:** This quiz covers information from the Week 8 class videos and Q&A. The quiz will be up from 5:50-6:10PM.

#### **WEEK 10 (March 9, 2020): Formulas II (about 2 hours)**

- **Hour 1:** CALE Formulas II part A
- **Hour 2:** CALE Formulas II part B
- **Q&A:** Tuesday from 5:00-5:45PM. (03/10/2020)



**TOPIC: Case Study Analysis**

- **Quiz 9:** This quiz covers information from the Week 9 class videos and Q&A. The quiz will be up from 5:50-6:10PM.

**WEEK 11 (March 16, 2020): Formulas II / Biomedicine I (about 2 hours)**

- **Hour 1:** CALE Formulas II part C
- **Hour 2:** Biomedicine I part A
- **Q&A:** Tuesday from 5:00-5:45PM. (03/17/2020)

**TOPIC: Case Study Analysis**

- **Quiz 10:** This quiz covers information from the Week 10 class videos and Q&A. The quiz will be up from 5:50-6:10PM.

**WEEK 12 (March 23, 2020): Biomedicine I (about 2 hours)**

- **Hour 1:** Biomedicine I part B
- **Hour 2:** Biomedicine I part C
- **Q&A:** Tuesday from 5:00-5:45PM. (03/24/2020)

**TOPIC: CNT**

- **Quiz 11:** This quiz covers information from the Week 11 class videos and Q&A. The quiz will be up from 5:50-6:10PM.

**WEEK 13 (March 30, 2020): Biomedicine II (about 2 hours)**

- **Hour 1:** Biomedicine II part A
- **Hour 2:** Biomedicine II part B
- **Q&A:** Tuesday from 5:00-5:45PM. (03/31/2020)

**TOPIC: CNT / Laws and Regulation**

- **Quiz 12:** This quiz covers information from the Week 12 class videos and Q&A. The quiz will be up from 5:50-6:10PM.

**WEEK 14 (April 6, 2020): Biomedicine II / Orthopedics (about 2 hours)**

- **Hour 1:** Biomedicine II part C
- **Hour 2:** Orthopedics
- **Q&A:** Tuesday from 5:00-5:45PM. (04/07/2020)

**TOPIC: Laws and Regulation**

- **Quiz 13:** This quiz covers information from the Week 13 class videos and Q&A. The quiz will be up from 5:50-6:10PM.

**WEEK 15 (April 13, 2020): Final Exam**

- **Final Exam:** It will be released on Tuesday, April 14, 2020 from 5-8PM. The final exam covers all the material from the second to last week of the term.