**Shang Han Lun**

**Cold Disease by Zhang Zhongjing**

**Taiyang: UB/ SI (Lung): back, si – du:**

**Channel: Wind cold or wind COLD**

**Wind cold = sl. Sweat. Floating Slow. Gui Zhi Tang (Wei and nutritive imbalance) –** UB12, LU7, LI4, GB20 SJ5, ST36. Excess Pathogenic Invasion + interior deficiency

**wind COLD = No Sweat Floating and Tight Ma Huang Tang. >. Moxa: UB12, LU7, LI4, SJ5 GB20**

Ext. Wind Cold, command of Head and neck, mirror

**Organs: UB**

**Blood Accum. : blood in urine with hypogastric distension and fullness urgency. Reddish purple, deep fine and rapid or deep and choppy = Tao He Cheng Qi Tang – Ren3, SP10, UB39, UB22, SP6**

**Water Accum. Urinary retention with fever and aver. Cold : floating and rapid, Wu Ling San – Ren3, ST28, UB22, UB39, LU7, UB64**

**Yangming: Heat transformation - ST and LI**

**Channel: 4 Bigs –** big fever big thirst, big pulse, big sweat. **– Bai Hu Tang**

Red face, delirium. Overflowing > Surging > Full – **LI11, Du14, ST44, ST43, PC3**

**Organ: Heat Stagnation: LI >. Constipation with pain with pressure – Da Cheng Qi tang, Xiao Cheng, Tiao Wei cheng qi tang high fever worse in the afternoon, profuse sweat, sweating on limbs, ab. Fullness and pain, constipation, dry stools thirst dark urine. Red tongue dry yellow black. LI11, ST44, ST25, SP15, St37, SP6 PC3, DU14**

**Yellow >. Brown >. Black**

**White > black**

**Shaoyang:** alternating chills and fever. ½ interior and ½ exterior. Hypochondrial pain, lack appetite, irrititability and dry throat, nausea, bitter. White slippery coat on the side only. Only on the back or only on the right or left side. Xiao Chai Hu Tang – **SJ5, SJ6, GB41, Du13**

**Taiyin:** SP ~~and Lu~~ >. SP Yang def >. Chills, tired, feel cold, don’t eat, no thirst , diarrhea, white sticky (wet) coat + deep and weak and slow. +. Li Zhong Wan. **Li Zhong wan – Ren12, UB20, ST36, SP6, moxa, st25**

**Shaoyin:** ~~HT and~~ KD:

**Cold:** Kd Yang def. si ni tang chills, cold, **lay down curled up,** desire to sleep all the time, cold limb, diarrhea, frequent clear urine. Pale and wet tongue with white coat/. Deep and weak and slow – UB23, Ren4, Ren6, Ren8, KD7, KD3, Moxa.

**Heat:** Kd yin Def + deficient exterior invasion > yin def: **Huang Lian E Jiao Tang clear** pathogen + tonify yin: s feeling of heat, irritability, insomnia, dry mouth and throat, dark urine, night sweats, thready and rapid and red without coat. Ren4, Ren6, KD3, KD6, Sp6

**Jueyin:** invasion of round worms energy rising up to the chest

, heat and pain in heart region, hunger but no desire to eat – LV3, LI4, SP4, PC6,

**Wu Mei Wan**