



NCCAOM Herbology Topical Herbs

TRAUMA

Bleeding from Trauma

- Shi Jue Ming (*Haliotidis Concha*)
- Chi Shi Zhi (*Halloysitum rubrum*)
- Hai Piao Xiao (*Sepiae Endoconcha*)
- San Qi (*Notoginseng Radix*)

Stops Pain

- Zhi Cao Wu (*Aconiti kusnezoffii Radix preparata*)
- Dang Gui (*Angelicae sinensis Radix*)
- Xu Duan (*Dipsaci Radix*)
- Zhi Tian Nan Xing (*Arisaematis Rhizoma preparatum*)
- Yu Jin (*Curcumae Radix*)

Reduce Swelling

- Zhi Zi (*Gardeniae Fructus*)
- Ze Lan (*Lycopi Herba*)
- Ru Xiang (*Olibanum*)

Mends Bones

- Xu Duan (*Dipsaci Radix*)

TOXIC SORES

- ◆ Bai Hua She She Cao (*Hedyotis diffusae Herba*)
- ◆ Yu Xing Cao (*Houttuyniae Herba*)
- ◆ Bai Jiang Cao (*Patriniae Herba*)
- ◆ Huang Qin (*Scutellariae Radix*)
- ◆ Bai Wei (*Cynanchi atrati Radix*)
- ◆ Hou Ma Ren (*Cannabis Semen*)

ABSCESSSES

General

- Xiao Ji (*Cirsii Herba*)
- Yi Mu Cao (*Leonuri Herba*)
- Ze Lan (*Lycopi Herba*)
- Dang Gui (*Angelicae sinensis Radix*)
- Yuan Zhi (*Polygalae Radix*)
- Da Huang (*Rhei Radix et Rhizoma*)
- Mang Xiao (*Natrii Sulfas*)



ABSCESSSES

Breasts

- Yuan Zhi (*Polygalae Radix*)
- Tian Hua Fen (*Trichosanthis Radix*)
- Pu Gong Ying (*Taraxaci Herba*)
- Mang Xiao (*Natrii Sulfas*)

Intestinal Abscess

- Mu Dan Pi (*Moutan Cortex*)
- Bai Jiang Cao (*Patriniae Herba*)
- Bai Hua She She Cao (*Hedyotis diffusa Herba*)
- Pu Gong Ying (*Taraxaci Herba*)

NON-HEALING SORES

- ◆ Ru Xiang (*Olibanum*)
- ◆ Mo Yao (*Myrrha*)
- ◆ Yu Jin (*Curcumae Radix*)
- ◆ Bai Ji (*Bletillae Rhizoma*)
- ◆ Chi Shi Zhi (*Halloysitum rubrum*)
- ◆ Hai Piao Xiao (*Sepiae Endoconcha*)
- ◆ Long Gu (*Fossilia Ossis Mastodi [= Draconis Os]*)
- ◆ Zhen Zhu (*Margarita*)

GENERATES FLESH

- ◆ Da Ji (*Cirsii japonici Herba sive Radix*)
- ◆ Di Yu (*Sanguisorbae Radix*)
- ◆ Dang Gui (*Angelicae sinensis Radix*)

ECZEMA

- ◆ Shi Gao (*Gypsum fibrosum*)
- ◆ Hua Shi (*Talcum*)
- ◆ Di Fu Zi (*Kochiae Fructus*)

BURNS

- ◆ Ce Bai Ye (*Platycladi Cacumen*)
- ◆ Shi Gao (*Gypsum fibrosum*)
- ◆ Di Yu (*Sanguisorbae Radix*)
- ◆ Da Huang (*Rhei Radix et Rhizoma*)



PARASITES

- ◆ Chun Pi (*Ailanthi Cortex*)
- ◆ She Chuang Zi (*Cnidii Fructus*)
- ◆ Ku Shen (*Sophorae flavescens Radix*)
- ◆ Bai Bu (*Stemona Radix*)

ITCHING

- ◆ Ku Shen (*Sophorae flavescens Radix*)
- ◆ Di Fu Zi (*Kochiae Fructus*)
- ◆ Hai Tong Pi (*Erythrinae Cortex*)
- ◆ Ye Jiao Teng (*Polygoni multiflori Caulis*)
- ◆ She Chuang Zi (*Cnidii Fructus*)

HAIR AND SCALP

- ◆ Ce Bai Ye (*Platycladi Cacumen*)
- ◆ Chuan Lian Zi (*Toosendan Fructus*)
- ◆ Gu Sui Bu (*Drynariae Rhizoma*)

TOOTHACHE

- ◆ Bi Ba (*Piperis longi Fructus*) and Hu Jiao (*Piperis Fructus*)

VITILIGO

- ◆ Bu Gu Zhi (*Psoraleae Fructus*)

WARTS

- ◆ Wu Mei (*Mume Fructus*)

RECTAL PROLAPSE

- ◆ Chi Shi Zhi (*Halloysitum rubrum*)

SNAKEBITES

- ◆ Bai Hua She She Cao (*Hedyotis diffusae Herba*)
- ◆ Bai Wei (*Cynanchi atrati Radix*)

GUMS

- ◆ Ma Bo (*Lasiosphaera/Calvatia*)
- ◆ Hou Ma Ren (*Cannabis Semen*)
- ◆ Zhen Zhu (*Margarita*)
- ◆ Mang Xiao (*Natrii Sulfas*)



BEAUTY

- ◆ Gu Ya (*Setariae [Oryzae] Fructus germinatus*)

Sore Throat

- ◆ Ma Bo (*Laiosphaera/Calvatia*)
- ◆ Xuan Shen (*Scrophulariae Radix*)
- ◆ Mang Xiao (*Natrii Sulfas*)

Lactation

- ◆ Mang Xiao (*Natrii Sulfas*)